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The Computer Life SuperPac CD-ROM is a collection of useful tips, utilities, product demos and
other applications from Computer Life Magazine.

The following Help Topics are available:

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For Help on Help, Press F1

General Information

The Computer Life SuperPac CD-ROM interface is designed to help you navigate through all of the information and applications provided on the disk.   Simply click on any icon or text in the table of contents (main screen) to access the content.

Mouseless Operation

To navigate within the SuperPac interface screens without the mouse simply use the following keystrokes:

TAB	moves to next active button or launch area,
ESC	use to quickly exit the SuperPac interface program,
ENTER	use to select a button or lauch area,
UP ARROW	move up in a list box,
DOWN ARROW	move down in a list box,
PGDN	scroll down a page in a list box,
PGUP	scroll up a page in a list box,
F10	toggle the background music on and off.

Background Music

You can turn off the background music by simple pressing the **F10** key on your computer keyboard.   Pressing the **F10** key again will turn the music back on.   Keep in mind that most of the product demos and feature areas use sound - **F10** has no control over these applications.